**Teacher:** Coach Young

**Class: Health Education** -7th Grade

**Location:** 277C

**Contact Information**: [youngev@boe.richmond.k12.ga.us](mailto:youngev@boe.richmond.k12.ga.us)

**Course Description**

Seventh Grade Health Education is a required course. Students in seventh grade integrate a variety of health concepts, skills, and behaviors to help plan for their personal health goals. These include prevention of disease, effects of drugs, decisions and consequences, and the Health Triangle. Students will use their knowledge to help them create a healthy lifestyle for themselves as individuals, for their families, and for the larger community.

Course topics will include:

* Wellness: Mental, Emotional and Social Health (Health Triangle)
* Decisions and Consequences
* Disease Prevention
* Alcohol, Tobacco, and Other Drugs
* Nutrition and Health

**Products to Demonstrate Learning**

Students will demonstrate their knowledge through independent and group projects, structured discussions, oral presentations, Canvas assignments/quizzes, and through Formative and Summative Assessments.

**Learning Experiences**

* Students in seventh grade will understand the origins and causes of diseases, including the relationship between family history and certain health risks.
* They begin to relate short- and long-term consequences of health choices and apply health skills to specific personal, family, and community health concerns.
* Students can discern relationships among all components of health and wellness and knowledgeably use consumer information.
* Students will understand the effects of drug usage.

**Classroom Rituals and Routines:**

1. Enter classroom on time and quietly
2. Sit in assigned seat
3. Get out laptop, open canvas and begin with warm up
4. There will be a graded assignment every day. Stay caught up.
5. Email me when you are absent. Keep open communication.

**Course Grade**

* Class assignments
* Projects/presentations
* Summative Assessment

**Supplies and Materials Needed**

* Paper
* Pen or Pencil
* Folder/Notebook

**Grading Process**

You will be using the new online health book. There will be a hard cover book in class if needed.

Formative assessments 2-3 times a week.

Summative assessments 1-2 times every 2 weeks.

Relearn/reassess is only for summative assignments. You, the student, must ask for this process to be offered to you within 24 hours of the grade being in infinite campus.

Infinite campus will have up to date grades. Canvas will not show grades.